

# REGISTRATION INFORMATION

Registration Category	Early Bird Before 3/5	On or After 3/5
CCOM Alumni, IOMS, or other State Society Member	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175
Physician Assistants	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175
IOMS Retired, CCOM Retired or Emeritus Retired Member	<input type="checkbox"/> \$100	<input type="checkbox"/> \$120
All Others	<input type="checkbox"/> \$200	<input type="checkbox"/> \$225
<b>TOTAL DUE:</b>	\$	

CCOM Students and Residents may attend at no charge but are required to register 2 weeks prior (by Friday, March 12), and complete and return all surveys.

Vegetarian     Fri. Box Lunch     Sat. Continental Breakfast  
 Omnivore     Sat. Box Lunch  
 NAME: \_\_\_\_\_ AOA #: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

EMAIL: \_\_\_\_\_

SPECIALTY: \_\_\_\_\_ GRAD OF WHICH COM: \_\_\_\_\_

Accommodations Needed per ADA:

## PAYMENT INFORMATION

Check No. \_\_\_\_\_ payable to IOMS     Visa    CC Sec. Code: \_\_\_\_\_  
 MasterCard

CARDHOLDER NAME: \_\_\_\_\_

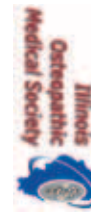
CARD No.: \_\_\_\_\_ EXP \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

Full refund less \$25 processing fee for cancellations received before March 5th. NO REFUNDS FOR CANCELLATIONS RECEIVED AFTER THAT DATE. All refund requests must be in writing.

**RETURN COMPLETED FORM WITH PAYMENT TO:**  
 IOMS Spring CME in the City Registration  
 142 East Ontario Street | Chicago, Illinois 60611  
 Tel. 312.202.8174 | Fax 312.202.8224 | ioms@ioms.org

Illinois Osteopathic Medical Society  
 142 East Ontario Street, Fourth Floor  
 Chicago, Illinois 60611  
 Phone: 312.202.8174 Fax: 312.202.8224  
 www.ioms.org • ioms@ioms.org



The Illinois Osteopathic Medical Society and Midwestern University  
 Chicago College of Osteopathic Medicine present

# Preventive Medicine CME in the City

Friday, March 26 -  
 Saturday, March 27, 2010

Osteopathic Conference Center  
 American Osteopathic Association  
 142 East Ontario Street  
 Chicago, IL 60611

New 3-year cycle begins  
 January 2010 – December 2012!

The Illinois Osteopathic Medical Society & the Midwestern University  
 Chicago College of Osteopathic Medicine have requested that the AOA  
 Council on Continuing Medical Education approve this program for 15 hours  
 of AOA Category 1-A CME Credit. Approval is currently pending.

IOMS Education Committee Chair and  
 MWU CCOM Director Medical Education  
 Isaac Kirstein, DO, CS, FACOI

photo © Kato Fetz



The Illinois Osteopathic Medical Society and the Midwestern University Chicago College of Osteopathic Medicine have aligned for the fourth year to bring you the latest updates in Preventive Care. This downtown Chicago conference, delivered by expert faculty and distinguished guest speakers, has been

designed to provide recommendations for assessing health risks and delivering effective preventive services that provide best practices for some of the challenges Americans are facing, from immunizations, diet, lifestyle, and obesity to cardiac health. I am proud to offer Preventive Care as the theme and look forward to welcoming you to an exciting and enriching event.

Isaac J. Kirstein, DO, CS, FACOI  
Program Chair

**PROGRAM AUDIENCE**

This formal education program is designed to benefit Primary Care, Internal Medicine, and Family Medicine Physicians and Physician Assistants.

**PROGRAM OBJECTIVES**

This program is designed to provide education and practice initiatives to address preventive care needs and appropriate countermeasures. At the completion of this session, participants should be able to: 1) review and practice preventive and screening measures for the top four disease states; 2) describe immunization guidelines for both adults and pediatrics; 3) better understand exercise for cardiovascular, cancer, obesity, and diabetes prevention; 4) understand methods for accident prevention; 5) update on disease-specific disease state prevention; and 6) learn methods and hands on approach to therapeutic osteopathic manipulative medicine.

# PROGRAM SCHEDULE

\*SCHEDULE SUBJECT TO CHANGE

## Friday, March 26<sup>th</sup>

- 12:00PM – 12:30PM** Registration, Box Lunch optional Tour of AOA Headquarters
- 12:30PM – 1:00PM** Introduction & Overview of Course Objectives  
*Isaac Kirstein, DO*
- 1:00PM – 2:00PM** Longevity Management - How to Live to be 100  
*Donald A. Jurivich, DO*
- 2:00PM – 3:00PM** Current & Emerging Infectious Diseases with Pandemic Potential: Identify, Detect, & Respond  
*Balbina Plotkin, PhD*
- 3:00PM – 3:15PM** Break
- 3:15PM – 4:15PM** The Ethics of Screening Tests  
*Robert Ewart, MD*
- 4:15PM - 5:15PM** Lipid Physiology and Impact on Obesity: Diet, Nutrition, Weight Loss  
*Sean Lynch, PhD*
- 5:15PM - 6:15PM** Cardiovascular Disease Prevention  
*Mario Massullo, DO*
- 6:15PM - 6:45PM** Review and Q&A  
*Isaac Kirstein, DO*

## Saturday, March 27<sup>th</sup>

- 7:30AM – 7:45AM** Registration and Continental Breakfast

- 7:45AM – 8:45AM** Exercise and Prevention  
*Laura Rosch, DO*
- 8:45AM – 9:45AM** Accidents in the Home  
*Carolyn Mueller, MS*
- 9:45AM – 10:00AM** Break
- 10:00AM – 11:00AM** Prevention of Medical Errors  
*Mary Armagast & Clarke Corcoran*
- 11:00AM – 12:00PM** Dental Health - What Physicians Must Know about (Dental) Disease & Prevention  
*Speaker To Be Determined*
- 12:00PM – 1:15PM** Genetics Lunch Served  
*Speaker To Be Determined*
- 1:15PM – 1:45PM** Coding & Billing for Preventive Medical Care  
*Brenda Lingle, CPC, CHS*
- 1:45PM – 2:45PM** Pediatrics Prevention  
*Speaker To Be Determined*
- 2:45PM – 4:45PM** OMM and Preventive Medicine  
*Kurt Heinking, DO & Robert Kappler, DO*
- 4:45PM - 5:00PM** Conference Review and Q&A  
*Isaac Kirstein, DO*

<p><b>HOTELS WITHIN A BLOCK OF THE CONFERENCE</b></p> <p><b>Wyndham Chicago</b> 633 North St Clair Street 312-573-0300</p> <p><b>Courtyard by Marriott Magnificent Mile</b> 165 E Ontario Street 312-573-0800</p> <p><b>Embassy Suites</b> Ontario and State Streets 312-943-3800</p>	<p><b>HOTEL PARKING RATES FOR GUESTS OR NON-HOTEL GUESTS:</b></p> <p><b>Wyndham Chicago</b> \$49 hotel guests w/in &amp; out, \$36 non-guest for 3-8 hours.</p> <p><b>Courtyard by Marriott Magnificent Mile</b> Entrance on St. Clair St. Valet: \$42/day Guest Self Park: \$28/day Non-guests: \$26/2-3 hrs. Increases to maximum \$37/12-24 hrs.</p>
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