The MWU Clinical Psychology Program is proud to highlight the culmination of student and faculty efforts in the 2019-2020 academic year, including scholarships, awards, activities, grants, and research presentations and publications.

From the Desk of our Program Director

Our Clinical Psychology students have remained focused on meeting their educational goals and providing critical psychological services to our community during this challenging year. Midwestern University has implemented safety protocols to ensure a safe learning environment for students and faculty. Our learning plan includes opportunities for interactive learning experiences, both in-person and virtually.

Our students have also been at the forefront of efforts to educate others on the psychological effects of racism, discrimination, and prejudice. In collaboration with the MWU interprofessional organization Minority Students in Medicine, Clinical Psychology students have organized several workshops and discussions, including “Black Lives Matter: The Movement and the Message,” and we have invited alumni and psychologists in the community to provide their insights and share experiences with our students.

Student Accomplishments

- **Christiana Goetz**, Class of 2023, was awarded a $500 CHS Exemplary Student Award (of four total awards granted across MWU).
- **Mitchell Sanabria**, Class of 2023, was awarded a $5,000 MWU Spirit of Service Scholarship for 2020-2021.
- **Winnie Ng**, Class of 2024, was awarded a $2,500 MWU Spirit of Service Scholarship for 2020-2021.
- Alumni Awards: **John Delatorre** (Class of 2017) was named Outstanding Early Career Psychologist and **Brittany Brown** (Class of 2019) was named Outstanding Postdoctoral Resident by the Arizona Psychological Association.

Faculty Accomplishments

- **Dr. Jessica Powell** received the 2020 Outstanding Faculty Award by the Arizona Psychological Association.
- **Dr. Adam Fried** was named special guest editor for the September 2020 issue of the APA/APAGS journal *Translational Issues in Psychological Science*.
- **Dr. Bhupin Butaney** was elected to the Board of Directors for Division 39 of APA (Society for Psychoanalytic Psychology and Psychoanalysis).
- **Dr. Melissa Flint**, **Dr. Kate Jansen** and **Dr. Adam Fried** have been quoted about issues related to stress in coping in several national news outlets over the past year, including *Rolling Stone* and *Lifehacker*.

Program Updates

- All 33 students who entered the 2019-2020 internship match obtained placements, 94% at APA-accredited sites.
- The Clinical Psychology Program was an integral part of MWU’s Health Outreach through Medicine & Education Program (H.O.M.E), with 20 active members.
- Students in the Behavioral Health Consult Program have continued to offer consultative and follow-up therapy services to Family Medicine, Speech-Language Pathology, Optometry, and Physical Therapy patients.
- The Program offered four, $5,000 Admissions Scholarships to students in the incoming 20-21 class.
Collectively, students and faculty have given over 50 presentations at conferences in the 2019-2020 academic year, including:

- **Flint, M. (2019).** A companionship approach to grief. Invited presenter to Southwest Behavioral Health Services, Phoenix, AZ.
- **Flint, M. (2019).** Aging mastery program: Healthy relationships. Invited presenter for Area Agency on Aging, Region One’s Aging Mastery Program.
- **Flint, M. (2019).** Debunking grief myths. Successful Aging Radio Show, Phoenix AZ.
- **Flint, M. (2019).** Loss and anger. Invited presenter to the Marfan Foundation National Conference, Houston, TX.
- **Flint, M. (2019).** Identifying and responding to mental health needs of our residents. Arizona Assisted Living Foundation of America Annual Conference.
- **Flint, M. (2019).** Grief counseling and pet loss. Invited presenter to Midwestern University Veterinary Medicine Program.
- **Breitmeyer, A.M. (2020).** Self-compassion as an antidote to compassion fatigue: Exploring strategies to enhance professional resilience. Presented at the Southwest Nephrology Annual Conference, Phoenix, AZ.
- **McDonnell, M., Johnson, K., Hull, K., McNichols, Q., Gurney, M.K., & Breitmeyer, A.M. (2020).** Training with Heart Marks: An interprofessional activity between clinical psychology and pharmacy. Poster presented at the Nexus IPE Conference, Glendale, AZ.

**Faculty Publications**

Below are a few of our faculty’s published peer-reviewed articles, book chapters, and abstracts in the 2019-2020 academic year:


- **Jansen, K.L. (2020).** A meta-analysis comparing the efficacy of repeated Transcranial Magnetic Stimulation (rTMS) and Transcranial Direct Current Stimulation (tDCS) for the treatment of fibromyalgia*. At APA in Glendale, AZ.

**Student and Faculty Presentations**

- **Flint, M. (2019).** A companionship approach to grief. Invited presenter to Southwest Behavioral Health Services, Phoenix, AZ.
- **Flint, M. (2019).** Aging mastery program: Healthy relationships. Invited presenter for Area Agency on Aging, Region One’s Aging Mastery Program.
- **Flint, M. (2019).** Debunking grief myths. Successful Aging Radio Show, Phoenix AZ.
- **Flint, M. (2019).** Loss and anger. Invited presenter to the Marfan Foundation National Conference, Houston, TX.
- **Flint, M. (2019).** Identifying and responding to mental health needs of our residents. Arizona Assisted Living Foundation of America Annual Conference.
- **Flint, M. (2019).** Grief counseling and pet loss. Invited presenter to Midwestern University Veterinary Medicine Program.
- **Breitmeyer, A.M. (2020).** Self-compassion as an antidote to compassion fatigue: Exploring strategies to enhance professional resilience. Presented at the Southwest Nephrology Annual Conference, Phoenix, AZ.
- **McDonnell, M., Johnson, K., Hull, K., McNichols, Q., Gurney, M.K., & Breitmeyer, A.M. (2020).** Training with Heart Marks: An interprofessional activity between clinical psychology and pharmacy. Poster presented at the Nexus IPE Conference, Glendale, AZ.

**Fourth-year student Joudia Navarro**

First and second-year students: Hallie Graveman, Sara Smith, Laura McGugin, Bianca Boling and Katelyn Cuadra volunteering for AzPA in Glendale, AZ.

**Third-year student Andrea Aminhale**

Fourth-year student Joudia Navarro presenting her work at the Association for Contextual Behavioral Science World Conference in Dublin, Ireland.

**Second-year student Katie Wright**

Second-year student Katie Wright presenting her work on “Null Worries” at the American Academy of Child and Adolescent Psychiatry Annual Conference, Phoenix AZ.

**Third-year student David Hayduke**

Second-year student Katie Wright presenting her work “The Efficacy of Weighted Blankets for Quantity and Quality of Sleep in Autism Spectrum Disorder: A Meta-Analysis” at the National Academy of Neuropsychology’s 39th Annual Conference in San Diego, CA.

**Second-year student Ashley Nye**

Third-year student David Hayduke and Ashley Nye presenting their work “The Efficacy of Weighted Blankets for Quantity and Quality of Sleep in Autism Spectrum Disorder: A Meta-Analysis” at the National Academy of Neuropsychology’s 39th Annual Conference in San Diego, CA.

**Second-year student Laura McGugin**

Third and second-year students4 Kandis Thompson, Samara Temple, and Margaret Rich presenting their work “Perspectives on the Benefits of Yoga for Mental Health: At APA in Glendale, AZ.

**Third-year student Ryan House and Kristen Norbury presenting their work “Autism, Medical and Mental Healthcare Professionals’ Views on Protective Rights” at APA in Glendale, AZ.

**Second-year students Paige Watson**

Third-year student Janille Denney presenting her work at the Association for Contextual Behavioral Science World Conference in Dublin, Ireland.

**Second-year student Katelyn Cuadra**

Second-year student Katelyn Cuadra presenting her work “Limiting Access to Pediatric Neuropsychological Evaluations for Non-English Speakers” at the National Academy of Neuropsychology’s 39th Annual Conference in San Diego, CA.