

## Midwestern University, Glendale, AZ Wellness & Recreation Center Temporary Guidelines

### Temporary hours of operation, given staffing availability:

Monday through Friday from 7:30am-11pm

Saturday 8am-4pm

Sunday from 8am-10pm

***\*Members will be required to swipe into the building (no propping doors open) and check-in at the front desk with MWU ID.***

***\*\*Temporary access to the Rec. Hall is granted to current, MWU students & employees with proof of MWU ID. Guests are now permitted. One guest per eligible MWU user. MWU Student or Employee must accompany their guest at all times.***

***\*\*\*Limited hours will allow for deep cleaning and disinfecting of facility.***

- ✓ Face mask are required. Users are required to wear facial masks while in the Rec. Hall. This includes while working out, in a class, shooting baskets, playing in the game room, or visiting the bookstore.  
If you have a medical condition that prohibits wearing a face mask, please provide documentation to Student Services in Barrel II.
- ✓ Maintain social distancing when utilizing selectorized strength machines and free weights.
- ✓ Members are required to sanitize every piece of equipment after use, utilizing the cleaning supplies provided by the Rec. Center.
- ✓ Aerobics Room is available for use as long as there is not a previously scheduled activity.
- ✓ Locker rentals are available. For the Summer Qtr., \$10; Combo of Fall, Winter, and Spring Qtrs, \$30. Daily use lockers are also available – these items must be taken home daily.
- ✓ Equipment checkout is limited.
- ✓ Racquetball court is for individual use; walk-ins only. Equipment checkout is not available at this time.
- ✓ ½ ct. gymnasium/basketball court will remain open with the divider down for individual use only (1 person per basket)-pickup games are not allowed. Court and gymnasium reservations will not be available.
- ✓ The Music and Game rooms will be open only for their intended purposes. We encourage you to use other campus buildings for studying.

These guidelines are temporary and will be reassessed regularly.

Updated: 7/28/2021