### REGISTRATION INFORMATION

<table>
<thead>
<tr>
<th>Registration Category</th>
<th>Early Bird Before 3/5</th>
<th>On or After 3/5</th>
</tr>
</thead>
<tbody>
<tr>
<td>CCOM Alumni, IOMS, or other State Society Member</td>
<td>$150</td>
<td>$175</td>
</tr>
<tr>
<td>Physician Assistants</td>
<td>$150</td>
<td>$175</td>
</tr>
<tr>
<td>IOMS Retired, CCOM Retired or Emeritus Retired Member</td>
<td>$100</td>
<td>$120</td>
</tr>
<tr>
<td>All Others</td>
<td>$200</td>
<td>$225</td>
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</tbody>
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**TOTAL DUE:**

**PAYMENT INFORMATION**

- CCOM Alumni, IOMS, or other State Society Member: $150
- Physician Assistants: $150
- IOMS Retired, CCOM Retired or Emeritus Retired Member: $100
- All Others: $200

Full refund less $25 processing fee for cancellations received before March 5th. NO REFUNDS FOR CANCELLATIONS RECEIVED AFTER THAT DATE. All refund requests must be in writing.

**RETURN COMPLETED FORM WITH PAYMENT TO:**

IOMS Spring CME in the City
142 East Ontario Street
Chicago, Illinois 60611
Tel. 312.202.8174  |  Fax 312.202.8224  | ioms@ioms.org
The Illinois Osteopathic Medical Society and the Midwestern University Chicago College of Osteopathic Medicine have aligned for the fourth year to bring you the latest updates in Preventive Care. This downtown Chicago conference, delivered by expert faculty and distinguished guest speakers, has been designed to provide recommendations for assessing health risks and delivering effective preventive services that provide best practices for some of the challenges Americans are facing, from immunizations, diet, lifestyle, and obesity to cardiac health. I am proud to offer Preventive Care as the theme and look forward to welcoming you to an exciting and enriching event.

Isaac J. Kirstein, DO, CS, FACOI
Program Chair

PROGRAM AUDIENCE
This formal education program is designed to benefit Primary Care, Internal Medicine, and Family Medicine Physicians and Physician Assistants.

PROGRAM OBJECTIVES
This program is designed to provide education and practice initiatives to address preventive care needs and appropriate countermeasures. At the completion of this session, participants should be able to: 1) review and practice preventive and screening measures for the top four disease states; 2) describe immunization guidelines for both adults and pediatrics; 3) better understand exercise for cardiovascular, cancer, obesity, and diabetes prevention; 4) understand methods for accident prevention; 5) update on disease-specific disease state prevention; and 6) learn methods and hands on approach to therapeutic osteopathic manipulative medicine.

PROGRAM SCHEDULE
Friday, March 26th

12:00 PM – 12:30 PM Registration, Box Lunch optional Tour of AOA Headquarters
12:30 PM – 1:00 PM Introduction & Overview of Course Objectives
Isaac Kirstein, DO
1:00 PM – 2:00 PM Longevity Management - How to Live to be 100
Donald A. Junivich, DO
2:00 PM – 3:00 PM Current & Emerging Infectious Diseases with Pandemic Potential: Identify, Detect, & Respond
Balbina Plotkin, PhD
3:00 PM – 3:15 PM Break
3:15 PM – 4:15 PM The Ethics of Screening Tests
Robert Ewart, MD
4:15 PM – 5:15 PM Lipid Physiology and Impact on Obesity: Diet, Nutrition, Weight Loss
Sean Lynch, PhD
5:15 PM – 6:15 PM Cardiovascular Disease Prevention
Mario Massullo, DO
6:15 PM – 6:45 PM Review and Q&A
Isaac Kirstein, DO

Saturday, March 27th

7:30 AM – 7:45 AM Registration and Continental Breakfast

PROGRAM CHAIR
Isaac J. Kirstein, DO, CS, FACOI

HOTELS WITHIN A BLOCK OF THE CONFERENCE
Wyndham Chicago
631 North St Clair Street
312-573-0300

Courtyard by Marriott Magnificent Mile
165 E Ontario Street
312-573-0800

Embassy Suites
Ontario and State Streets
312-943-3800

HOTEL PARKING RATES FOR GUESTS OR NON-HOTEL GUESTS:
Wyndham Chicago
$49 hotel guests w/ in & out, $36 non-guest for 3-8 hours.

Courtyard by Marriott
$42/day
Guest Self Park: $28/day
Non-guests: $26/2-3 hrs.
Increases to maximum $37/12-24 hrs.

*SCHEDULE SUBJECT TO CHANGE