3rd Annual Updates in Diabetes and Related Chronic Care Topics

PRESENTED BY
Midwestern University
Educating Tomorrow's Healthcare Team

Intended audience: Preceptors, alumni and pharmacists

This program is sponsored in part by an educational grant from Novo Nordisk, Inc. and support from the Midwestern University Chicago College of Pharmacy Office of Experiential Education.

Conference Description

Diabetes is a highly prevalent disease associated with devastating comorbidities and high mortality. Pharmacists can play a pivotal role in the management and education of patients with diabetes, and governmental agencies are beginning to support the larger role that pharmacists can play as primary care health care providers. Set on the scenic campus of Hamburger University in Oak Brook, Illinois, this day-long conference will provide up to 7.5 contact hours of ACPE accredited continuing pharmacy education about diabetes and related topics. All of the educational sessions will be taught by faculty with expertise in diabetes management and will incorporate a variety of active learning strategies. Attendees will receive a program syllabus complete with all learning materials and will enjoy a continental breakfast, lunch and access to Hamburger University’s unlimited soft drink, coffee and tea beverage services throughout the day. You will not want to miss this exciting day of high quality educational programming and networking with colleagues!

Conference Goals

1. To educate participants with the most current evidence-based information about the prevention and treatment of diabetes and its related conditions
2. To instill in participants a sense of responsibility and confidence to teach diabetes self-management and promote medication adherence and other healthy habits to patients
3. To enhance the patient care skills of participants including their ability to engage and motivate their patients about sensitive health topics and counsel their patients on nutrition management

Keynote Speaker

Mary Ann Hodorowicz, RD, LDN, MBA, CDE, CEC
Consultant and Certified Diabetes Educator
Mary Ann Hodorowicz Consulting, LLC

Faculty

Mary Buescher, MS, RD, LDN, CDE
Registered Dietician and Certified Diabetes Educator
DuPage Medical Group

Susan Cornell, BS, PharmD, CDE, FAPhA, FAADE
Assistant Director of Experiential Education
Adjunct Associate Professor of Pharmacy Practice, Midwestern University, Chicago College of Pharmacy

Lea dela Pena, PharmD, BCPS
Associate Professor of Pharmacy Practice
Midwestern University, Chicago College of Pharmacy

Jennifer D’Souza, PharmD, CDE, BC-ADM
Associate Professor of Pharmacy Practice
Midwestern University, Chicago College of Pharmacy

Jaini Patel, PharmD, BCACP
Assistant Professor of Pharmacy Practice
Midwestern University, Chicago College of Pharmacy

Lara Rondinelli-Hamilton, RD, LDN, CDE
Registered Dietician and Certified Diabetes Educator
DuPage Medical Group

Christie Schumacher, PharmD, BCPS, CDE, BC-ADM
Assistant Professor of Pharmacy Practice
Midwestern University, Chicago College of Pharmacy
**Location of Conference**
Hamburger University (on the McDonald’s Campus)
2715 Jorie Boulevard • Oak Brook, IL 60523

*NOTE:* Business casual attire (at minimum) is required at Hamburger University. Please dress appropriately to comply with this policy.

**Lodging**
Conference attendees may choose to stay at the Hyatt Lodge, which is on the McDonald’s campus within walking distance of Hamburger University. Visit their website at http://thelodge.hyatt.com or call 630.568.1234 to check room availability.

**Registration**
1. The registration fee for the all day program is $99.00, which includes all educational materials, food and beverages.
2. Available registration discounts include:
   a. CCP alumnus registration fee: $49.50 (a 50% discounted fee)
      i. Alumni will be asked to verify graduation year.
   b. Active CCP preceptor: $25.00 (a 75% discounted fee)
      i. An active CCP preceptor is defined as a preceptor who has or will have precepted at least two CCP students between July 2012 and June 2015.
      ii. Active CCP preceptor status will be verified through the Office of Experiential Education (OEE) and is subject to their approval.
      iii. OEE will subsidize the remainder of the registration fee for all individuals who qualify for the active CCP registration fee rate.

   Registration is limited to 100 individuals on a first come, first served basis.

**Refund Policy**
Refunds, less a $15.00 cancellation fee regardless of full or discounted registration rate, will be issued for written requests on or before one week prior to the program. Refunds for nonattendance will not be issued after this date.

**Registration Deadline**
The registration deadline is one week prior to the program (June 14, 2014).

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**Schedule-At-A-Glance**
**Saturday, June 21, 2014**

7:30 AM  Registration/continental breakfast

*8:00 AM  Keynote Address: Motivational Interviewing and Adult Learning Tools to Successfully Change Patients’ Behavior

*9:05 AM  2014 Highlights in Diabetes Management

10:05 AM  Refreshment break

**CONCURRENT SESSIONS**
*10:15 AM  #1: Let’s Get Honest: Crucial conversations with the diabetic patient

#2: The Plate that Sates: Assisting your diabetic patients with nutrition management

12:15 PM  Lunch

**CONCURRENT SESSIONS**
*1:00 PM  #1: Let’s Get Honest: Crucial conversations with the diabetic patient

#2: The Plate that Sates: Assisting your diabetic patients with nutrition management

3:00 PM  Refreshment break

*3:15 PM  Pre-diabetes: Helping our patients exit the fast lane to diabetes

*3:50 PM  What’s a nice complement! Guiding diabetic patients’ decisions about herbals and OTC products

*4:25 PM  This…is…Diabetes…Jeopardy!

4:55 PM  Closing remarks/submission of evaluations

*indicates sessions approved for ACPE accredited continuing pharmacy education

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**Send your form and payment to:**
Midwestern University
26699 Network Place • Chicago, IL 60673-1269
DEPT 1074

Please email or call Cheryl Elder with any questions regarding registration at celder@midwestern.edu or 630.971.6417
Detailed Agenda
Saturday, June 21, 2014
Hamburger University
(on the McDonald’s Campus)
2715 Jorie Boulevard
Oak Brook, IL 60523

Conference Goals
1. To educate participants with the most current evidence-based information about the prevention and treatment of diabetes and its related conditions.
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7:30 – 8:00 AM
Registration/Continental breakfast

8:00 – 9:00 AM
Keynote Address: Motivational Interviewing and Adult Learning Tools to Successfully Change Patients’ Behavior
Speaker: Mary Ann Hodorowicz, RD, LDN, MBA, CDE, CEC
UAN: 0074-0000-14-001-L04-P (knowledge-based CE activity) 1.0 contact hour of continuing pharmacy education (CPE)
Learning Objectives:
1. Name at least 3 differences between motivational interviewing/patient centered counseling and ineffective “compliance” counseling.
2. Define “G.R.A.C.E.,” the 5 key principles of motivational interviewing (MI).
3. Define “O.A.R.S.,” the 4 key strategies of MI.
4. Name at least 3 tools for teaching adults that enhance learning and retention.

9:05 – 10:05 AM
2014 Highlights in Diabetes Management
Speaker: Dr. Jennifer D’Souza
UAN: 0074-0000-14-002-L01-P (knowledge-based CE activity) 1.0 contact hour of continuing pharmacy education (CPE)
Learning Objectives:
1. Summarize the changes to recent national guidelines for the care of patients with diabetes.
2. Identify current and emerging pharmacotherapy treatments, guidelines, and patient goals for type 2 diabetes.
3. Discuss current and impending trends in diabetes care.

10:05 – 10:15 AM
Break

10:15 AM – 12:15 PM
Concurrent Session #1
Let’s Get Honest: Crucial Conversations with the Diabetic Patient
Speaker/moderator: Dr. Susan Cornell
UAN: 0074-0000-14-003-L04-P (application-based CE activity) 2.0 contact hours of continuing pharmacy education (CPE)
Learning Objectives:
1. Discuss effective strategies for starting challenging, yet important conversations with diabetes patients about aspects of care or self-care.
2. Recognize patients’ verbal and non-verbal signs of engagement or disengagement in a crucial conversation.
3. Explain how the contents of a crucial conversation can be used to create a reasonable action plan that patients can use to improve their care or self-care.

12:15 – 1:00 PM
Lunch

1:00 – 3:00 PM
Concurrent Sessions #1 and #2 above will repeat.
Registrants who participated in session #1 at 10:15AM will participate in session #2 at 1:00PM, and vice versa.

3:00 – 3:15 PM
Break

3:15 – 3:45 PM
Pre-Diabetes: Helping our Patients Exit the Fast Lane to Diabetes
Speaker: Dr. Jaini Patel
UAN: 0074-0000-14-005-L01-P (knowledge-based CE activity) 0.5 contact hour of continuing pharmacy education (CPE)
Learning Objectives:
1. Explain current guideline recommendations for patients with prediabetes or increased risk of diabetes.

4:55 PM
Closing remarks/submission of evaluations

Concurrent Session #2
The Plate that Sates: Assisting your diabetic patients with nutrition management
Speakers/moderators:
Mary Buescher, MS, RD, LDN, CDE;
Lara Rondinelli-Hamilton, RD, LDN, CDE
UAN: 0074-0000-14-004-L01-P (application-based CE activity) 2.0 contact hours of continuing pharmacy education (CPE)
Learning Objectives:
1. Explain the clinical importance of instilling nutritional management principles into patients with diabetes.
2. Describe how to use at least 3 tools to demonstrate nutrition management techniques to patients with diabetes.
3. Given a case with requisite patient information, help the patient to create an individualized food plan that meets their needs.

What a Nice Complement! Guiding diabetic patients’ decisions about herbals and complementary/alternative medicine products
Speaker: Dr. Lea dela Pena
UAN: 0074-0000-14-006-L01-P (knowledge-based CE activity) 0.5 contact hour of continuing pharmacy education (CPE)
Learning Objectives:
1. Identify herbal products/complementary and alternative medicines that have been used for blood sugar control.
2. Describe proposed mechanisms of action for these products.
3. List precautions/contraindications for these products.

This…is…Diabetes…Jeopardy!
Moderator: Dr. Christie Schumacher
UAN: 0074-0000-14-007-L01-P (knowledge-based CE activity) 0.5 contact hour of continuing pharmacy education (CPE)
Learning Objectives:
2. Recognize the MOA, primary efficacy differences and common side effects associated with different classes of glucose lowering medications.